



Chill With the Y

Family, Food and Summer Fun

Free and Open to All, Bring Your Friends

Saturday, August 29th 2009 from 6:00 p.m. – 9:00 p.m.

Suggested donation of one can of food for a local food bank.

Summer Activities for the Entire Family

Don't miss the cook-out, fun family games, music and dancing.

Free Frisbee for young participants. One per child, while supplies last.

Considering Membership?

1. Join that day and pay no joining fee on a new membership.
2. Pick up a free week pass during the event to try us out.

Sherwood Regional Family YMCA is a branch of the YMCA of Columbia-Willamette. The mission of the YMCA is to put the Christian principles of love, respect, honesty, responsibility and service into practice through programs that build a healthy spirit, mind and body for all.